Waltham Forest Ward Map ~ COVID 19 Support Network

This special Waltham Forest Ward Map gives an overview of the mutual support and emergency services operating in different areas of the borough. The coloured dots act as rough ward locations of organisations and are only guideline indicators, however many are working borough-wide during this crisis. It’s best to refer to them for more information.

1. Waltham Forest Council
   Community Help Network set up by the Connecting Communities Team
   Helpline service offering support ~ 020 8496 3000
   www.walthamforest.gov.uk/covid-19

2. Citizens Advice Waltham Forest
   Essential advice services via telephone, including:
   Advice line service | Universal Credit help line | PensionWise SENDASS | Immigration service | Social Prescribing Service
   Advice line ~ 0300 330 1175
   Professionals can refer by contacting
   admin@citizensadvicewalthamforest.org.uk

3. Waltham Forest Community Hub
   Telephone befriending for young people & senior citizens
   Monday to Friday from 10am - 5pm
   www.wfcchub.org.uk
   Office ~ 020 8223 0707 ~ info@wfcchub.org.uk
   Youth number ~ 077716736315

4. Age UK Waltham Forest
   Shopping, Befriending, Information/Advice, form filling & emergency parcels.
   Waltham Forest Resource Hub North, 58 Hall Lane
   Chingford
   E4 8EU
   Monday to Friday from 10am - 3pm ~ 020 8558 5512
   Or via Community Network line ~ 020 8496 3000
   Email ~ info@ageukwalthamforest.org.uk
   Or via Community Network line ~ 020 8558 5512
   www.ageuk.org.uk/walthamforest

5. OrganicLea
   Essential food production, distribution, sale & delivery. Plus a Social Prescribing link worker providing a phone based service.
   Telephone ~ 020 8524 4994
   Email ~ info@organiclea.org.uk
   www.organiclea.org.uk

6. Highams Park Food Hub
   Delivering prepared meals & food packages supplied to vulnerable people.
   Supported by Leyton Sixth Form.
   Sponsored & jointly managed by
   All Saints Church | Waltham Forest Scouts &
   Highams Park Covid 19 Volunteers
   Tues, Thurs & Sat from 10.30am - 1pm
   Telephone ~ 0782581216
   Please send an email to ~ highamsparkfoodandgiving@gmail.com

7. Al-fath Trust
   Food & household essentials
   & home deliveries from ~
   37 Palmerston Road, Walthamstow,
   E17 6PR
   Telephone ~ 07809 649312
   or 07984 562282

8. Eat or Heat Food Bank
   Continuing to provide a Food Bank,
   but it can only be accessed by referral from
   one of the organisations on their website
   Please check ~ www.eatorheat.org
   Telephone ~ 0800 772 0212

9. Waltham Forest Migrant Support
   Providing advice & information for migrants
   Text your full name to ~ 07496394175
   & somebody will call you back.
   Please do not call this number as there is
   no-one to answer it.
   www.wfmsa.org.uk

10. The HEET Project
    Focused on ensuring people on low incomes or with long-term health conditions or a disability have essential services such as water and heat
    Telephone ~ 0208 5201900
    www.theheetproject.org.uk

11. PL8 4U - Al Suffa
    Food Bank taking referrals via a completed
    PL85 form.
    Or email ~ pl84ualsuffa@gmail.com
    Telephone ~ 07539364110

12. Hornbeam
    Café as community food distribution centre providing freshly cooked nutritious ready meals on a pay as you feel basis.
    Cafe hours for collecting
    meals from 12 – 3 pm weekdays.
    Questions call ~ 07492915531
    Or email ~ Anne@hornbeam.org.uk
    www.hornbeam.org.uk/hornbeam-covid-19

13. Samaritans Waltham Forest
    Telephone helpline ~ 0330 094 5717
    www.samaritans.org.uk

14. Elim Pentecostal Church
    Food Bank based in the Elim Pentecostal church
    Open 10am - 12pm on Wednesday & Thursday
    via appointments or drop-in
    Telephone ~ 020 8539 2286
    Email ~ info@elimleytonstone.org

15. Salvation Army Leytonstone
    Supporting members of congregation & acting
    as a food bank in Leytonstone
    Food bank collections on Thursdays 10 -11am
    Telephone ~ 07827 031422
    Email ~ stmargarete11@gmail.com

16. St Margaret with St Columba
    Offering a Food Share service.
    Food Share ~ Thursday 2pm - 3pm £1.50 for a
    pre-pared bag of food, either fresh or dried produce.
    For more info call ~ 07709611310
    Email ~ stmargarete11@gmail.com

17. Cann Hall Mosque
    Emergency shopping & food supplies
    145 Cann Hall road, E11 3NJ
    admin@cannhall.org
    Telephone ~ 020 8555 0963 / 07984 602475

18. Salvation Army Leytonstone
    Food bank based in the Elim Pentecostal church
    Open 10am - 12pm on Wednesday & Thursday
    via appointments or drop-in
    Telephone ~ 020 8539 2286
    Email ~ info@elimleytonstone.org

19. Rukhsana Khan Foundation
    Food bank
    Open to the public for collections/donations on Saturdays ~ 10am - 12pm
    William Morris Community Centre
    6-8 Greenleaf Rd
    Walthamstow, London E17 6QQ
    Telephone ~ 07939 232 123

20. KukooLaLa Cafè
    Drop off point for Food bank & a local Women’s
    Refuge + hot meals for vulnerable - part of
    Lea Bridge Mutual Aid support
    Tuesday to Saturday ~ 12.30pm - 3pm
    3 Marsh Lane, Leyton, E10 7BL
    Telephone ~ 020 8539 0732
    Email ~ aid@loveleabridge.com

Map created by WFCCH Copyright | Spring 2020